

# CONFUSED ABOUT CHOLESTEROL?



## **About Cholesterol**

## **Why Cholesterol Matters**

## **Understand Your Risk for Cholesterol**

## **Symptoms, Diagnosis and Monitoring of Cholesterol**

## **Prevention & Treatment of Cholesterol**

**Join Dr. Sheryl Ashton-Jones (GSFC Acting Medical Director)** as she discusses Cholesterol Management, which includes Good Cholesterol vs. Bad Cholesterol, Risk Factors, Diet, Exercise, and Medications.

Recent changes to cholesterol guidelines are guiding medical research to rewrite best practices.

The goal is to help people live longer, healthier lives.

### **CHOLESTEROL EVENT:**

DATE: AUGUST 19, 2015

TIME: 11:30 TO 12:30 (QUESTIONS SESSIONS FOLLOWING PRESENTATION)

LOCATION: BUILDING 26 ROOM R160 (Greenbelt)

IV&V: FRMT/230

WFF: WFF1-F6-213

GISS: Conference Room #7

### **Webex**

**Go to:** <https://nasa.webex.com>

Meeting Number: 995 934 031

Meeting Password: ch7794\$\$#558